



Unused monthly food benefits will remain on your Kansas Benefits Card account for 9 months.

### How Soon Can I Get Help?

If you have little or no income and need help quickly, tell your local DCF Service Center. You may be able to get assistance in seven days. Otherwise, your application will be processed within 30 days.

### Are There Any Other Food Assistance Programs Available?

Yes. DCF has a food commodity program. For more information about where to pick up commodity food in your county, call your local DCF Service Center.

### What Other Help Can I Get?

If you are eligible for food assistance, you may also be eligible for cash and child care assistance. Check with your local DCF Service Center for more information.

### Questions?

If you have any questions, please call or visit your local DCF Service Center, call toll-free 1-888-369-4777, or visit us online at [www.dcf.ks.gov](http://www.dcf.ks.gov).

**TO REPORT FRAUD, CALL  
1-800-432-3913  
ALL CALLS ARE CONFIDENTIAL**

### Contact your County Extension Office for free classes on how to:

- Stretch your food dollar
- Choose healthy food for your family
- Cook easy meals in a hurry
- Keep your food safe

To locate a County Extension Office nearest you, visit [www.ksre.k-state.edu/about/stateandareamaps.html](http://www.ksre.k-state.edu/about/stateandareamaps.html) or call 1-855-476-2733.



The State of Kansas is an equal opportunity provider.



# FOOD ASSISTANCE PROGRAM



# What is the Kansas Food Assistance Program?

The Food Assistance Program helps people with little or no income. It provides benefits to eligible individuals and families to buy nutritious food, even vegetable plants and seeds, from local grocery stores.



## Who Is Eligible for the Program?

- Persons who work but have a low income and those who do not work may be eligible.
- You and anyone who lives in your household and eats with you. Household members do not have to be related to be considered part of the household.
- Able-bodied persons, age 18-59, without children, who work or attend an approved training program 30 hours per week, or qualify for an exemption from work activity.
- Persons age 60 and older and persons with disabilities. Disabled persons include those receiving Supplemental Security Income, Social Security disability payments, certain veteran disability payments, disability retirement benefits for a permanent disability, and railroad disability.

## How Do I Purchase Food with My Benefits?

Monthly benefits are provided on a Kansas Benefits Card, or EBT card, that looks and acts like a debit card. Simply swipe your card at the store when purchasing food, and the

cost is electronically subtracted from the card account. You can now also use your EBT card to purchase groceries online at Amazon and Walmart.

## How Many Resources Can I Have and Still Receive Food Assistance?

You can have up to \$3,000 in resources. If one person in your household is age 60 or older or disabled, you can have up to \$4,500 in resources. Resources include cash and checking/savings account balances. Certain resources like your home and car are not counted.

## Do I Need to be a U.S. Citizen to Receive Food Assistance?

U.S. citizens and certain legal non-citizens are eligible for food assistance benefits when other eligibility requirements are met. If you are not eligible due to immigration status, your legal resident or citizen children may still qualify. Citizenship verification or non-citizen documentation is required for the individuals for whom you are applying.

## How Do I Apply?

Applying for assistance is easy. Applications are available at your local DCF Service Center or Access Point, or they can be requested by calling toll-free 1-888-369-4777. Online applications are available at [www.dcf.ks.gov](http://www.dcf.ks.gov). You can leave parts of the application blank if you do not understand how to complete them. Return your application to DCF and someone will contact you to set up an interview. You may request that your interview be held in the office or over the phone.

## What Information Do I Need to Give DCF to Apply for Food Assistance?

*You may need to provide the following:*

- Identification, such as a birth certificate or driver's license
- Non-citizen documentation, if you are not a United States citizen
- Social Security number for you and any household members who are applying for food assistance
- Proof of earned and unearned income
- Proof of assets, such as checking and savings account balances

## If I am Eligible, How Much Can I Get?

Benefit amounts are based on household size and income after deductions. If eligible, you will receive a Kansas Benefits Card to purchase groceries.

## How Long Can I Have Assistance?

There are no time limits, as long as you meet the eligibility requirements.